Asthma costs the NHS an estimated £1 billion a year.

The cost of GP prescriptions alone for respiratory disease exceeded £1 billion in 2009/10. Research shows that 50% of asthma expenditure is spent on 5% of people with the most severe asthma (Designing & Commissioning Services for Adults with Asthma: A Good Practice Guide:2012)

This study day is designed for experienced healthcare practitioners and aims to enhance knowledge and skills relating to diagnosis and management of asthma, based upon contemporary evidence and guidelines.

The day will include the following:-

**Asthma control**
- Good (and bad) control - what we should be aiming to achieve
- Raising patient expectations

**Severe/brittle/difficult to control asthma**
- Poor adherence
- Comprehensive approach to assessment, diagnosis and management
- Phenotyping

**Optimising medication**
- What is recommended in clinical guidelines
- What the evidence tells us

**Asthma & Psychological Issues**
- Dealing with psychological issues which includes risk-taking behaviours

**Managing acute and life threatening episodes**
- Discuss guidelines for when patients with acute asthma should be admitted and discharged

**Avoiding hospital admissions and emergency attendances**
- Early interventions
- Risk registers
- Educating pre discharge
- Cost - £110 which includes a light lunch £20 deposit required at time of booking

**Date:** 7th May 2012

Call: Diane Oates on 0151 529 8308 or e-mail diane.oates@respiratoryeduk.com for further information