BSACI Nut Allergy Guideline published
Goodbye Lee, hello Tak - our new editor

Welcome to another issue of Allergy Update! I have to admit that it came as a complete surprise to me but I was very delighted to be offered the role as the new editor for Allergy Update - I would like to thank Dr Lee Noimark for his work as editor of Allergy Update since Autumn 2012 (issue 20).

I would also like to introduce in advance Dr Shelley Dowey who will be helping me with future issues onwards as Features Editor for Allergy Update - do let us know if there is anything that you would like to see in future.

I hope you enjoy the new issue and take the time to read about the newly published BSACI Nut Allergy Guideline in Clinical and Experimental Allergy.

I would also like to encourage everyone to use the BSACI Research Hub that Dr Stephen Till and Dr Mohamed Shami have worked hard to set up so that we can advance allergy research for the benefit of our patients.

Lastly, I hope that you will all join us at the wonderful BSACI Annual Meeting that Dr Guy Scadding and Dr Tom Marrs have put together.

Editorial

Reference:
4. Mohamed Shamji et al. Experimental Allergy.

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The BSACI Office

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Mrs Tanya Wright

For further information contact our Healthcare Professional Helpline on 0800 996 1234 or visit www.eln.nutricia.co.uk/cma

A home usage test assessment was carried out between 16/11/16 and 9/12/16 on the 4 products indicated for cows’ milk allergy from birth and included 100 UK healthcare professionals.

* IMPORTANT NOTICE: Aptamil Pepti 1 & 2 are foods for special medical purposes for the dietary management of cows’ milk allergy. They should only be used under medical supervision, after full consideration of the feeding options available including breastfeeding. Aptamil Pepti 1 is suitable for use as the sole source of nutrition for infants from birth, and/or as part of a balanced diet from 6-12 months. Aptamil Pepti 2 is suitable for babies over 6 months as part of a mixed diet.

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References:
Message from the President

The last six months have seen considerable changes at BSACI. The leaking roof has finally been repaired and internal decorations completed. This comes as a welcome relief to all of our staff at BSACI Headquarters. There have been some changes in personnel. I would like to thank Dr Lee Noimark who recently stepped down as editor of Allergy Update and welcome Dr Tak Chin, Consultant in Allergy at Southampton, as the new editor. This is his first Allergy Update and I look forward to the continuing success of this publication.

We have three new elected Council members, Dr Bill Egner, Dr Elizabeth Griffiths and Dr Nicola Jay. There are two further elections this year; for Treasurer and for President Elect. The results of the elections will be announced at the AGM.

I am pleased to announce that Professor Tony Frew from Leeds, as Dr Tak Chin, Consultant in Allergy at Southampton, as the new editor. This is his first Allergy Update and I look forward to the continuing success of this publication.

The full guideline can be found on the BSACI website, www.bsaci.org.

BSACI Nut allergy guideline is published in Clinical and Experimental Allergy

New comprehensive guidance for the diagnosis and management of peanut and tree nut allergy has been published, which for the first time brings together the latest research and expert views into a single robustly written document. The guideline has been in the development process for five years and has been prepared by the BSACI Standards of Care Committee (SOCC). Below is a summary of the guidance.

- Robust, up-to-date educational package based on extensive literature review, expert consensus and wide healthcare professional and public consultation. Allergy UK and the Anaphylaxis Campaign were consulted during preparation of the guideline ensuring a patient-centred approach.
- Diagnostic algorithms and a detailed discussion of the utility of diagnostic tests will help healthcare professionals diagnose nut allergy accurately. This is essential to avoid patients being unnecessarily labelled nut allergic, but also helps individualise patient management for those at risk of future reactions.
- The role of food challenges in diagnosis and exclusion of allergy are defined, and an example challenge protocol is provided.
- Comprehensive management plans including avoidance advice, patient specific emergency medication and an emergency treatment plan and training in administration of emergency medication are described in detail.
- The emerging area of peanut and nut IgE component testing is discussed, and advice is provided on the optimal tests to select.
- More detailed advice than ever before is provided on counselling patients on everyday living, including reading ingredients labels, eating out and on holiday, avoiding one or all nut types, and avoiding nuts in school.
- Key cutting edge areas are discussed in detail including early-life prevention, testing of siblings and immunotherapy.

Guidelines have the potential to improve the quality of the clinical decision making and the care of our patients. That is why we spend so much time developing and reading guidelines.

BSACI has a robust approach to generating guidelines that is accredited by NICE. The standards of care committee oversee the production of the guidelines.

With such a robust process, these peanuts and tree nut allergy guidance ought to be very useful to allergists and improve the care of our patients.
Paediatric & Adult Allergy Services at Guy’s & St Thomas’ Hospitals
NHS Foundation Trust, London, 2017-9 WAO Centre of Excellence

Dr Adam Fox
Consultant Paediatric Allergist and Clinical Lead, Guy’s and St Thomas’ Hospital, Chair of the Paediatric Group

The allergy service at Guy’s and St Thomas’ has become the fourth centre in the world to be recognised as a Centre of Excellence for allergy. This prestigious status was awarded by the World Allergy Organization (WAO) whose aim is to advance excellence in clinical care, research, education and training in allergy and asthma. The purpose of WAO Centres of Excellence is to intensify and accelerate multi-disciplinary scientific and clinical innovation, education, and advocacy worldwide providing excellence in education, research, and training to various stakeholders in allergy, asthma and clinical immunology.

Guy’s and St Thomas’ Hospitals

NHS Foundation Trust comprises two of London’s best known teaching hospitals with a long and proud history, dating back almost 900 years. They have been at the forefront of medical progress and innovation since they were founded and continue to build on these traditions with a reputation for clinical, teaching and research excellence. It is among the UK’s busiest, most successful foundation trusts, providing a full range of local hospital and community services for people in Lambeth and Southwark, as well as specialist care for patients from further afield, including St Thomas’ hospital, London.

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Guy’s and St Thomas’ Hospitals

Clinical Immunology with expertise in the clinical trials, epidemiology, diagnostic laboratory and scientific basis of allergic disease. Led by Professor Gideon Lack (Paediatric Allergy) and Professor Chris Corrigan (Adult Allergy) the department has contributed significantly to the field, most recently with the LEAP, EAT and Pollenlite studies.

The Allergy service is recognised as a national training centre for both Adult and Paediatric Allergy, accredited as a GALEN Centre of Excellence and recognised as a highly specialist provider by NHS England and the Royal College of Physicians. It provides secondary, tertiary and quaternary services across the full range of allergic disorders for patients from across the UK. The service is Consultant led, with full integration between clinical and academic services, sharing a common ethos to deliver excellence in clinical care, education and research on behalf of the patient population. All members of the team are actively involved in both teaching and research. The service works actively with allied specialities providing joint clinics for complex patients with Dermatology (Adult and Paediatric), Respiratory paediatrics and Gastroenterology as well as a jointly run Transition clinic for adolescent patients. Paediatric Allergy clinics were set up in the community in 2013 for our local population alongside a

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Paediatric Allergy Team

There are currently 10 WAO Centres of Excellence and two of these are in the United Kingdom.

- Southampton Allergy Centre, Southampton, United Kingdom
- Guy’s & St Thomas’ Hospitals NHS Foundation Trust, London, United Kingdom
- Alpine Allergy Campus Davos, Switzerland
- Center for Basic and Clinical Immunology (CISI), Naples, Italy
- Allergy Centre of the CUF Descobertas Hospital, Lisbon, Portugal
- University of South Florida Morsani College of Medicine, Tampa, FL, United States
- Centro Regional de Alergia Immunología, Monterrey, Mexico
- Hospital Infantil de México Federico Gómez, Mexico City, Mexico
- Group of Clinical and Experimental Allergy (GACE), Medellín, Colombia
- Institute for Immunological Research, Cartagena, Colombia
BSACI Research Hub

In this issue of the Allergy Update newsletter, we highlight novel findings from a multicenter, randomised placebo controlled Phase III study of Lolium perenne peptide (LPP) immunotherapy. The study was conducted in 67 clinical centres in Belgium, the Czech Republic, France, Germany, Italy and Spain, and involved 554 randomized patients. LPP immunotherapy consistently improved clinical symptoms and reduced medication use in allergic rhinitis patients by 15 and 21% compared to placebo, depending on the type of analyses performed (peak vs. entire pollen season, intention-to-treat (ITT) vs. per protocol (PP) population). The primary endpoint, the mean combined clinical symptom and medication (CSMS) score during the peak pollen period, reached statistical significance (p<0.041, Mann-Whitney). The results confirmed the use of the Conjunctival Provocation Test (CPT) as a surrogate marker of clinical efficacy and the reduction in the reactivity score to this test induced by LPP (p<0.01, Chi-square). LPP immunotherapy resulted in an induction of grass pollen allergen-specific IgG4 and blocking antibodies (assessed in a subset of patients). Overall good tolerability of LPP was observed, as demonstrated by the occurrence of mostly mild adverse reactions.

BSACI research hub is a database that provides health professionals, BSACI members, the public (patients) and charities with the latest information on any ongoing basic, clinical and translational studies in Allergy and Clinical Immunology including (but not limited to) those funded by charities, research councils and NIHR.

The aim is to increase awareness and collaboration among health professionals engaged in allergy related research. The BSACI research hub has the following categories: Airway Allergy, Basic Science, Dermatology, Food Allergy and Other.

IQAS and QPIDS update

I have recently taken over as Accreditation Manager for IQAS and QPIDS and it is a pleasure working with two thriving schemes. There is a lot of work going on at the moment, but the biggest priority is for IQAS accreditation scheme (Improving Quality in Allergy Services) and QPIDS accreditation scheme (Quality in Primary Immunodeficiency Services) to review existing standards and align with the Publicly Available Standards (PAS). We aim to complete the review and publish the new standards in 2018 followed by a staged approach for services to move onto the new standards. The PAS 1616:2016 provides an agreed standard for all clinical services and a common framework for accreditation schemes. The QPIDS standards have been operational for around 10 years and a review would further raise standards. The IQAS scheme is newer, but it is still an opportunity to improve the standards based on consensus from within the allergy community. Working groups are being set up for each of the schemes made up of a cross section of disciplines, including consultants, nurses, lay and management representatives. There will then be wide consultation to ensure ample opportunity to feed into the process.

QPIDS is pleased to announce the first accredited scheme under the QPIDS programme. The Clinicia immunology department at Oxford University Hospitals NHS Foundation Trust was awarded accreditation after stringent assessment. We congratulate the team on their hard work and delivering an excellent service. There are currently a total of 22 services who have joined IQAS and 32 services who have joined QPIDS. We strongly encourage other services to join the schemes; the IQAS and QPID teams are here to offer support to anyone interested. For more information on the schemes please see www.iqas.org.uk and www.qpids.org.uk, or email accreditation@rcplondon.ac.uk.
Telford Calling: BSACI Annual Meeting 2017

Secretary Dr Helen Brough formed the backbone of the planning and organisational processes this year. We owe enormous thanks to Helen for delivering yet another outstanding programme. With her broad knowledge, efficiency and attention to detail we knew that nothing could go wrong. Helen even kindly organised a period of maternity leave to give us two a taste at the helm!

The meeting begins on Sunday 1st October, with a more leisurely lunchtime start (with a hot lunch thrown in for good measure). The evening welcome reception* will include an excellent range of cuisines, a cash bar and live music (thankfully not an ABBA tribute band as was initially suggested). The following night, instead of the traditional bus ride (with accompanying crash and/or breakdown), sit down dinner and speeches, we will be having a Ceilidh* (Kayleigh, so I’m told), so bring your dancing shoes! We understand the BSACI President is a Ceilidh expert and plans to kick the evening off with a solo version of ‘Strip the Willow’, which, he assures us, will be ‘unmissable’! If you manage to make it to the lectures the next day, you will be pleased to hear that we’ve condensed things slightly, and you’ll be free to leave Telford for another year at 3.30pm.

But enough frippery and onto the serious business of the meeting. We hope we’ve managed to put together an educational, thought-provoking and balanced scientific programme for 2017. Sunday afternoon alone will see sessions on drug allergy, rhinology, basic and clinical atopic dermatitis, allied health practitioner roles, the latest standard of care guidelines, GI allergic disease, management of anaphylaxis in community settings and cutting edge approaches to managing allergic airway disease. There will also be a range of practical workshop sessions open to all.

Monday will open with meet-the-expert sessions covering allergic eye disease and feeding for high-risk infants. The President’s Plenary session is on anaphylaxis, with speakers all having been involved in the TRACE study into dose-thresholds, cofactors and physiology of peanut anaphylaxis – going into greater detail than any previous study we are aware of. Further sessions include a joint British Society of Immunology session on immunodeficiency in clinical practice, allergen exposure (including occupational) and pollution, allergic disease and sleep, and food allergy in practice. Monday will also include the poster session and awards, clinical grand rounds and the Jack Pepys lecture.

Tuesday provides a chance to hear the prize-winning abstracts as oral presentations, as well as a series of excellent speakers on incidence of and attempts to modify allergic disease; psychology in allergy; anaphylaxis, differential diagnoses and mast cell disorders; and basic and clinical asthma. I hope we’ve convinced you!

*Tickets required
†He hasn’t actually promised yet, but we’ll work on him.
Jack Pepys Lecturer

Professor Tony Frew
Professor of Allergy and Respiratory Medicine, University of Sussex

Professor Tony Frew trained in Cambridge, London, Nottingham, Oxford, and Stoke-on-Trent. His interest in mucosal immunity and T-cells started in 1976 with a student project on coeliac disease. His doctoral thesis on T-cells and late-phase reactions was done in Barry Kay’s lab at the National Heart & Lung Institute, London. After post-doctoral research on occupational asthma in Vancouver, Canada he joined Steve Holgate’s group in Southampton in 1992, obtaining a personal chair in 2001, and then moved in 2005 to the new medical school in Brighton. His research interests include clinical trials of immunotherapy and anti-asthma drugs, the health effects of air pollution, and practical aspects of developing allergy services in primary care. He has been associate editor of both JACI and Allergy; he has supervised over 20 doctoral students and authored over 200 peer-reviewed papers.

William Frankland Award

Professor George du Toit
Consultant in Paediatric Allergy and Honorary Reader at Guy’s and St Thomas’ NHS Foundation Trust, King’s College London

George du Toit is a Consultant in Paediatric Allergy and Honorary Reader at Guy’s and St Thomas’ NHS Foundation Trust, King’s College London. George was Senior Co-Investigator on two NIH-funded research studies aimed at the prevention of peanut allergy titled “The Learning Early About Peanut (LEAP)” and LEAP-On Studies, and is Co-Investigator on the LEAP-Trio Studies. The LEAP Study findings have helped shape international weaning recommendations for the prevention of food allergy. He is currently undertaking trials aimed at the treatment of Peanut Allergy (Palisade and the Artemis Trial) as well as ongoing research into food allergies in the developing world.

George is lead clinician for the Children’s Drug Allergy and Urticaria service at St Thomas’ NHS Foundation Trust, and is the chairperson of the European Academy of Allergy and Clinical Immunology (EAACI) Paediatric Section and is Chair of the organising committee for the EAACI PAAM Meeting to be held in London in October 2017.

Save the date
Notice for the 2017 meeting
bsaci Annual Meeting 2017
1 October – 3 October
www.bsacimeeting.org

Dymista® Nasal Spray, suspension. Prescribing Information.

Presentation: Nasal spray suspension. Each gram of suspension contains 1000 micrograms of azelastine hydrochloride and 50 micrograms of fluticasone propionate. Indications: Relief of symptoms of moderate to severe seasonal and perennial allergic rhinitis. Treatment with intranasal antihistamines or glucocorticosteroids may be combined with the use of Dymista. Dymista® is indicated for the relief of symptoms of moderate to severe seasonal and perennial allergic rhinitis if treatment with intranasal antihistamine or glucocorticosteroid suspension alone is not effective. Dosage and administration: Adults and adolescents (12 years and older). Each spray contains 137 mcg of azelastine hydrochloride and 50 mcg of fluticasone propionate. Children below 12 years: not recommended as safety and efficacy has not been established in this age group. Contra-indications: Hypersensitivity to azelastine hydrochloride or fluticasone propionate or any of the other ingredients in this medicine. Warnings and precautions: Azelastine is a non-sedating antihistamine and may cause systemic effects as well as nasal effects. Systemic effects include: nausea, vomiting, headache, dizziness, nervousness, anxiety, depression, nervousness, drowsiness, dry mouth, increased intraocular pressure, abdominal pain, and gastrointestinal effects are common. Undesirable effects: Epistaxis, headache, rhinitis, nasopharyngitis, angioneurotic edema, allergic reactions, nasal irritation, cough, dysgeusia, unpleasant smell, hypersensitivity reactions (including angioedema, urticaria, flush, pruritus, angioneurotic edema), bronchospasm, cardiovascular and peripheral blood changes, hypertension, palpitations, flushing, dry mouth, dry nose, and ocular symptom control is not considered sufficient.

For moderate/severe seasonal and perennial allergic rhinitis

Indications: Dymista is indicated for the relief of symptoms of moderate to severe seasonal and perennial allergic rhinitis if monotherapy with either intranasal antihistamine or glucocorticoid is not considered sufficient.

References:
1. Meltzer E et al. Int Arch Allergy Immunol 2013;

bsaci improving care through education, training and research
www.bsacimeeting.org
Primary Care Training Days Bursaries

BSACI is pleased to announce that funding for 2017 has been received from Mead Johnson Nutrition, Nutricia Early Life Nutrition and Nutricia Advanced Medical Nutrition to enable us to provide a bursary to fund regional primary care training days.

Now in its eighth year, the BSACI Regional Primary Care Training Programme has supported 60 meetings, training over 2200 primary care professionals and created a much needed dialogue between them and their local allergy specialists. The feedback from these events has been hugely positive with many attendees commenting that they felt more confident in dealing with suspected allergy in primary care and had a better understanding of when and how to refer to secondary care. In particular, the interactive sessions, case studies and workshops helped the primary care professionals gain a better understanding of allergy.

All applications will be assessed by a panel of both primary and secondary care professionals who will make a decision based on the following criteria:

- Producing a Primary care focused programme with both adult and paediatric components
- Priority will be given to centres with limited exposure to allergy training
- Priority will be given to centres with limited funding opportunities to hold similar events

Below are two allergy services that have been approved for funding. Member can apply for a bursary of up to £3,500.

If you are a BSACI member and wish to organise a training day or would like further information, please contact me marie@bsaci.org

<table>
<thead>
<tr>
<th>Date</th>
<th>Venue</th>
<th>Organising Centre</th>
<th>Training Day Topic</th>
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<tbody>
<tr>
<td>8th September 2017</td>
<td>The Niland Conference Centre, Herts WD23 4EE</td>
<td>West Herts Hospital NHS Trust</td>
<td>Food Allergy in Children: The Primary Care Perspective</td>
<td>Dr Ashley Reece Dr Deepan Vyas</td>
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<tr>
<td>15th September 2017</td>
<td>Lumley Castle Hotel, Chester Le Street, County Durham DH3 4NX</td>
<td>Sunderland Hospital</td>
<td>School nurses and health visitor training study day</td>
<td>Dr Prashant Kumar</td>
</tr>
</tbody>
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Company Number: 3505635

THE COMPANIES ACT 1985

NOTICE CONVENING ANNUAL GENERAL MEETING of the BRITISH SOCIETY FOR ALLERGY & CLINICAL IMMUNOLOGY

NOTICE IS HEREBY GIVEN that the 2017 Annual General Meeting of the company will be held in the Newport Suite, at the International Conference Centre, Telford TF3 4JH on Monday 2nd October 2017 at 8:20am to 9:10am to consider and, if thought fit, to pass the following resolutions of which resolutions 1 to 2 (inclusive) will be proposed as Ordinary Resolutions.

ORDINARY RESOLUTIONS

1. To appoint the Auditors
2. To transact any ordinary business of the company

BY ORDER OF THE BOARD

Dr Stephen Till
Honorary Secretary

Dated: 10th June 2017
Registered Office: Studio 16, Cloisters House, 8 Battersea Park Road, London SW8 4BG

Note: A member entitled to attend and vote at the above meeting is entitled to appoint a proxy to vote instead of themselves. A proxy need not be a member of the company.
Paediatric Group News

Dr Adam Fox
Consultant Paediatric Allergist and Clinical Lead, Guys and St Thomas’ Hospital. Chair of the Paediatric Group

The past 6 months has seen some worrying developments around NHS prescribing cuts. Guided by NHS improvement, CCGs are focussing on reducing their prescribing budgets, initially targeting items which patients can potentially purchase themselves over the counter such as gluten free foods or Vitamin D supplements. However, in the first 2 CCGs (Richmond and Croydon) to put these changes out for consultation, they also included specialist infant formulas. The detail given around this made it rather unclear as to whether there was an intention to stop prescribing hypoallergenic formula or to only around this made it rather

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Standards of Care Committee (SOCC) update

RECENT ACTIVITIES:
- Nut allergy guideline has been published in CEA (see page 5)
- Rhinitis 2nd edition guideline is completed and is submitted for publication in CEA
- Guidelines under preparation include local anaesthetic allergy, eczema, and allergen avoidance
- Join us for the joint SOCC / Clinical Experimental Allergy symposium in Telford

Welcome to our newest member Dr Susanna Marinho, clinical lead for allergy service at the University Hospital of South Manchester.

Primary Care Committee update

As the group is multidisciplinary and has links with the charities, we can hopefully not only keep track of allergy matters relevant to primary care, but also input into matters where allergy matters relevant to primary care opinion is beneficial.

For information about the group, please contact Marie Gibbs, marie@bsaci.org in BSACI office.

Food Allergy Specialist Group of the BDA

What we do:
- Producing diet sheets and fact sheets
- Supporting our members’ educational needs
- Advising/ writing guidelines / attending meetings that ensure best practice nationally

Recent focus has been on promoting allergy as a career. Six junior members represented the specialty at the BMJ Careers Fair in October, where there was significant interest from a mixture of medical students and qualified doctors looking for a change in career.

Committee and Group News

Nurses Specialising in Allergy

RECENT ACTIVITIES:
- Our latest SOPs on Sublingual Immunotherapy, Intraepiternal testing and Skin testing in adults have recently been added to existing guidelines on the Nurses’ webpage.
- We are running a large national audit of patients prescribed adrenaline autoinjectors which looks set to make interesting reading!
- We are looking for new members to join our committee and hope to have new faces to introduce you to by October’s conference.

Junior Members Report

We are also looking at improving the access to undergraduate allergy education, for example with the introduction of student selected components in allergy. Several medical schools already offer Allergy SSCEs and clinical attachments in Allergy as part of undergraduate curriculum, both of which are reported to be well received by medical students.

Our aim is for more medical schools across the UK to offer clinical experience in allergy, and hopefully in turn attract more doctors to the specialty.

Junior Members Report

We are also looking at

- Improving the access to undergraduate allergy education
- Improving the training days

If you have any specific comments about the training days or have any ideas of how we can further promote allergy as a career, please email me at juniormembers@bsaci.org.

Allergy update

By reaching out to BSACI members who are either working within, or interested in primary care, we now have a larger core group. This group meet by teleconference twice each year and plan to meet at BSACI annual meeting on Monday morning ~ 7.15am so an early start! By involving more members we will have the resources to tackle projects such as summarising the SOCC guidelines into primary care guidelines.

As the group is multidisciplinary and has links with the charities, we can hopefully not only keep track of allergy matters relevant to primary care, but also input into matters where allergy matters relevant to primary care opinion is beneficial.

For information about the group, please contact Marie Gibbs, marie@bsaci.org in BSACI office.

Dr Andrew Clark
Chair of SOCC,
Consultant in Paediatric Allergy,
Addenbrooke’s Hospital,
Cambridge

Guidelines in progress and under discussion at SOCC are local anaesthetic allergy (Rubaiyat Haque) - advanced draft, eczema (Dr Helen Brough), and allergen avoidance (Prof Angela Simpson).

Dr Jo Walsh
GP, Norfolk.
Chair of the Primary Care Committee

Primary Care Committee update

Dr Erika Harnik
Junior Members Representative,
Paediatric SpR,
Great Ormond Street Hospital

We are one of the specialist groups of the British Dietetic Association (BDA). FASG is a pro-active specialist group of the BDA. Members are dietitians working in food allergy - both adult and paediatric. They are supported by members to help them deliver best evidence based practice.

The BDA is the professional association and trade union for UK dietitians and supports the science and practice of dietetics and other health care professionals.

For information about the group please contact info@bada.uk.com or tanya.wright11@nhs.net

Follow us on Twitter @BDA_FASG

www.bada.uk.com

We have recently initiated an audit of patients carrying AAIs, which includes looking at the number of devices patients carry, where they are kept, whether they have been used and whether a second dose has ever been required. It also looks at whether patients attending clinic are carrying their device, and whether it is in date and for paediatrics, whether it is an appropriate dose. The audit is being run in several centres by committee members and will be completed by July.

Don’t forget, you can keep up with our activities and make suggestions on how we can help you via our email and social media links!

We have a webpage, accessible via the BSACI website: www.bsaci.org/professionals/nurses-specialising-in-allergies

If you have a question you would like to email out to the group, please send it to: bsacinurses@googlegroups.com

Don’t forget to follow us on Twitter at @BSACInurses!
7 Red Flag Indicators for when to use an AAF

1. INFANTS SYMPTOMATIC ON AN eHF1-3
2. SEVERE GI SYMPTOMS1-4
3. FALTERING GROWTH2,3,5
4. MULTIPLE FOOD ALLERGIES1,5
5. SEVERE ECZEMA1-2,5
6. INFANTS SYMPTOMATIC ON BREAST MILK1-3,5
7. ANAPHYLAXIS3,4

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eHF=Extensively Hydrolysed Formula; AAF=Amino Acid-Based Formula; GI=Gastro Intestinal

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