**Recommended Reading**

**Recent Journal articles – by topic**

**Hygiene Hypothesis & related aspects of allergy**
- Distinct patterns of neonatal gut flora in infants in whom atopy was and was not developing. Kalliomaki M et al. J.Allergy Clin.Immunol. 2001; 107:129-34.

**Genetics of Allergy & Asthma**
Allergy & Vaccinations

- Egg allergy and MMR vaccination. Fox A, Lack G. Br J Gen Pract October 2003

Allergic rhinitis

- Allergic rhinitis and its impact on asthma (ARIA). J Allergy Clin Immunol 2001; 108(5)
- Any place for depot triamcinolone in hay fever? Drug & Therapeutics Bulletin 1999; 37(3)
- Corticosteroid treatment for hay fever causing avascular necrosis of the hip. Nasser SMS & Ewan PW. Br Med J 2002; 322:

Specific immunotherapy


Mechanisms of specific immunotherapy


Anaphylaxis


Insect allergies

**Drug Allergy**


**Chronic Urticaria**


**Hereditary Angioedema**


Latex Allergy

Food Allergy (general)

Kiwi Fruit Allergy

Nut Allergy
• Interpretation of tests for nut allergy in one thousand patients in relation to allergy or tolerance. Clark AT & Ewan PW. Clin Exp Allergy 2003: 33;1041-45.

Oral Allergy Syndrome
• Fernandez-Rivas M, Cuevas M. Peels of Rosaceae fruits have a higher allergenicity than pulps. Clin.Exp.Allergy 1999; 29:1239-47.

Occupational Allergy
• Metalloprotease-9 is increased after toluene diisocyanate exposure in the induced sputum from patients with TDI-induced asthma. Park HS et al. Clin.Exp.Allergy 2003; 33:113-8.
Air Pollution & Allergy


Cytokines & Mechanisms of Asthma


General books on allergy

- ABC of Allergies BMJ publications
- Allergy – your questions answered. Smith HE & Frew AJ. Elsevier
- Skin prick testing in clinical practice. M Brydon. NADAAS 2000
- Investigative rhinology. Scadding G & Lund V. 2004 Publ Taylor & Francis

**Major textbooks on Allergy for postgraduates & undergraduates**

**Others**
- Rhinitis management guidelines. BSACI. 3rd edition Publ Martin Dunitz
- Update on the emergency medical treatment of anaphylactic reactions for first medical responders and for community nurses. Resuscitation 2001; 48:241-3