

HOW TO SUCCESSFULLY MANAGE ADULTS WITH ASTHMA AND ALLERGIES



FREE Joint Webinar with presentations and Q&A's

For Health Care Professionals working in Secondary Care

5pm – 6:30pm Monday 26th June, 2023

A partnership between British Society for Allergy and Clinical Immunology (BSACI),
Education for Health(EfH) and Respiratory Futures

Chairs: Dr Kathryn Prior, Respiratory Consultant with an interest in asthma and airways and Professor Graham Roberts,
Paediatric allergy & Respiratory Consultant, University of Southampton.

Presentation 1

HOW TO SPOT THE ALLERGIC DRIVER FOR ONGOING ASTHMA SYMPTOMS

Learning outcomes

1. To know about the common allergic diseases and how they present in patients with asthma
2. To understand the relevance of raised IgE and RAST testing
3. To be able to elicit clues for the presence of an allergic driver for ongoing asthma symptoms
4. To have a brief introduction on fungal sensitisation in asthma: investigations and management

Speaker: Dr Robin Gore – Consultant in Respiratory Medicine with a Specialist Interest in Severe Asthma, Addenbrooke's Hospital, Cambridge

Presentation 2

IDENTIFYING AND TREATING SINONASAL DISEASE IN ASTHMA

Learning outcomes

1. Understand why co-existing rhinitis can led to poor asthma control
2. To be able to identify chronic rhinosinusitis with and without nasal polyps
3. To gain an understanding of the managing of sinonasal disease in people with asthma: including allergen avoidance, first line medications, surgical options and biologics

Speaker: Mr Annakan Navaratnam – Rhinology Consultant, Royal National ENT Hospital, University College London NHS Hospitals Trust

Presentation 3

WHEN SHOULD YOU BE CONCERNED ABOUT A PATIENT'S CO-EXISTING FOOD ALLERGY

Learning outcomes

1. To be able to differentiate between severe IgE-mediated food allergy and other reactions to food
2. To be able to provide generate advice about food allergen avoidance
3. To be able to review a patient's allergy management plan

Speaker: Sally-Ann Denton – Paediatric Lead for Dietetics/Specialist Allergy Dietitian, Southampton Hospital

Presentation 4

TARGETED THERAPIES IN ASTHMA AND ALLERGY

Learning outcomes

1. To understand the indications and outcomes of using immunotherapy in people with asthma and allergies
2. To understand the indications and outcomes of using biologics in people with severe asthma and allergies

Speaker: Dr Runa Ali (Barts) – Consultant Respiratory Physician & Allergist, Barts and the London NHS Trust

This webinar is non promotional and has been kindly supported by Astra Zeneca and Thermo Fisher

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