

HOW TO SUCCESSFULLY MANAGE ADULTS WITH ASTHMA AND ALLERGIES IN PRIMARY CARE



FREE Joint Webinar with presentations and Q&A's

For Health Care Professionals working in Primary Care

5.00-6.30pm, Monday 16 October 2023

A partnership between British Society for Allergy and Clinical Immunology (BSACI),
Education for Health (EfH) and Respiratory Futures

Chair: Preeti Minhas, Assistant Director of Clinical Learning at EfH.
Speakers: Carla Astles, Julie Lennon, Holly Minshall and Ekemini Ikidde

Presentation 1

HOW TO SPOT THE ALLERGIC DRIVER FOR ONGOING ASTHMA SYMPTOMS

Learning outcomes

1. To know about the common allergic diseases and how they present in patients with asthma
2. To understand the relevance of raised IgE and RAST testing
3. To be able to elicit clues for the presence of an allergic driver for ongoing asthma symptoms
4. To have a brief introduction on fungal sensitisation in asthma: investigations and management

Speaker: Carla Astles – ANP NHS, Education for Health Associate.

Presentation 2

IDENTIFYING AND TREATING SINONASAL DISEASE IN ASTHMA

Learning outcomes

1. Understand why co-existing rhinitis can lead to poor asthma control
2. To be able to identify chronic rhinosinusitis with and without nasal polyps
3. To gain an understanding of the managing of sinonasal disease in people with asthma: including allergen avoidance, first line medications, surgical options and biologics

Speaker: Ekemini Ikidde – Respiratory Specialist Pharmacist at Manchester University Hospital NHS Trust. Education for Health Associate.

Presentation 3

WHEN SHOULD YOU BE CONCERNED ABOUT A PATIENT'S CO-EXISTING FOOD ALLERGY

Learning outcomes

1. To be able to differentiate between severe IgE-mediated food allergy and other reactions to food
2. To be able to provide generate advice about food allergen avoidance
3. To be able to review a patient's allergy management plan

Speaker: Julie Lennon – ANP/GPN; NES Academic Advisor, ARTP Spirometry Assessor. Education for Health Associate.

Presentation 4

TARGETED THERAPIES IN ASTHMA AND ALLERGY

Learning outcomes

1. To understand the indications and outcomes of using immunotherapy in people with asthma and allergies
2. To understand the indications and outcomes of using biologics in people with severe asthma and allergies

Speaker: Holly Minshall – Asthma Nurse Educator at University Hospitals, North Midlands NHS Trust. Education for Health Associate.

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