

## JOB DESCRIPTION

AFC No.:

<b>JOB TITLE:</b>	<b>ADVANCED DIETITIAN PAEDIATRIC FOOD ALLERGY</b>
<b>BAND:</b>	<b>7</b>
<b>DEPARTMENT:</b>	<b>NUTRITION AND DIETETICS</b>
<b>GROUP:</b>	<b>PCCT</b>
<b>RESPONSIBLE TO:</b>	<b>PROFESSIONAL LEAD NUTRITION AND DIETETICS</b>
<b>ACCOUNTABLE TO:</b>	<b>PROFESSIONAL LEAD NUTRITION AND DIETETICS</b>

### JOB SUMMARY

To work as a member of the Paediatric Dietetic team, based at Sandwell General and Birmingham City Hospitals providing a specialist Nutrition and Dietetic Service to the patients with food allergic disease under the care of Regional Specialist Paediatric Allergy Centre at Sandwell and West Birmingham NHS Trust.

To deliver a high quality, evidence based nutrition and dietetic service for babies, children and their parents/ carer/ adult as the lead dietitian and clinical expert for children with food allergies.

To represent and be an expert in paediatric allergy using advanced skills to aid nutrition and dietetic diagnosis and ongoing within the Paediatric food allergy team. To inform/share local and national developments across the Paediatric dietetic team, throughout the paediatric allergy service, nutrition and dietetics department and externally.

To manage as an advanced practitioner:

- The outpatient paediatric food allergy caseload with varying degrees of nutritional complexity, without direct supervision and whilst exercising a large degree of autonomy.
- The specific Oral Tolerance Induction Programme, without direct supervision.

To develop skills working alongside allergy MDT members to:

- Diagnose and manage paediatric patients with food allergy, with the opportunity to explore/ develop skills in emergency management of paediatric allergy patients.
- Specific audit/evaluation/research projects as required by the Paediatric Dietetic Team, Dietetic Manager, SWB NHS Trust Paediatric Allergy Service.
- To present audit/research/outcomes at appropriate local and national meetings.

To be responsible for dietetic input to multidisciplinary working and policy development within Paediatric Dietetics. To coordinate the development of clinical standards, information and guidelines within paediatric food allergy care.

To take responsibility for the education and training of Sandwell and West Birmingham's Nutrition and Dietetic Service, SWB NHS Trust staff and other organisations eg school staff on paediatric food allergy and teach on formal courses/study days at a local and regional level.

To assist the Dietetic Manager in the strategic development of the Nutrition and Dietetic Service to the Women's and Childrens Service Directorate and SWB NHS Trust.

To work as a paediatric dietetic team member ensuring a safe and consistent level of service is provided at all times and providing emergency cover within the team to meet service priorities.

To work as a lead facilitator for dietetic students working within Paediatric Dietetics.

**MAIN RESPONSIBILITIES:**

1. To be the operational lead for clinical areas within paediatric food allergy speciality.
2. To take a lead in clinical supervision and CPD activities within the paediatric dietetic team and the Paediatric Allergy team in the context of paediatric food allergy.
3. To take part in the recruitment and selection of staff as requested and to be trained to lead recruitment processes.
4. To contribute in the delivery and assessment of pre-registration training of dietitians.
5. To work as an expert and to have the opportunity to develop Extended Scope Practitioner skills in paediatric allergy and to share local and national developments across the service and within SWB Paediatric Allergy Service and externally as part of a specialist service.
6. To attend multi-professional meetings in order to provide expert nutrition and diet advice regarding management of paediatric food allergy based on clinical evidence.

7. To communicate effectively with patients and carers using a number of different techniques to ensure an understanding of allergic disease, the need for dietary intervention and assistance in achieving compliance.
8. As advanced practitioner to carry out complex medical and dietary assessments as part of diagnostic work up and management plan of a defined caseload with a primary diagnosis of food allergy ensuring nutritional adequacy is achieved and making recommendations to medical teams on choice and dose of specific nutritional supplements.
9. To use advanced skills and extensive clinical and biochemical knowledge to diagnose malnutrition, mineral and electrolyte abnormalities, which require dietetic intervention, and to independently provide and instigate a nutrition plan.
10. To carry out on occasions as an Advanced practitioner, Skin Prick Allergy tests and inform patients and medical staff of the results and their significance.
11. As an Advanced Practitioner use advanced skills and extensive knowledge, to have involvement in diagnostic decisions (to include ordering and interpretation of specific blood IgE and Skin prick tests and informing medical staff of their validity) and advise on treatment plans/ food challenge outcomes of patients with food allergic disease based on the biochemical, clinical and nutritional parameters.
12. As an Advanced Practitioner to make recommendations to medical teams regarding the need for patients to carry anaphylaxis resuscitation medication based on history, tests and challenge outcomes.
13. To provide a follow up service to patients either by a telephone monitoring service or clinic appointment.
14. To monitor the Women's and Children's Service Directorate Specific Oral Tolerance Induction Programme including regular audit of practice.

15. To contribute to service developments/initiatives within the paediatric dietetic team, children's service, Directorate and as part of the strategic vision for the Nutrition and Dietetic Service.
16. To be involved in audit and research of outcomes and present findings at conferences. To present research/audit outcomes/best practice within the specialist field of food allergy and teach at appropriate local and national study days/courses on behalf of SWB NHS Paediatric Allergy Service.
17. To work as an expert within the paediatric allergy multi-professional team; disseminating the latest audit/research findings to team members and advising on best/evidence based practice.
18. To provide expert advice by means of telephone contact to secondary care, primary care and community staff to facilitate problem solving and best practice in paediatric food allergy.
19. To provide highly complex nutritional and dietetic counselling with patients, carers and the adult responsible for supporting the child using reassurance, communication and motivational skills to overcome barriers to change particularly where there is non-compliance.
20. To utilise communication and teaching skills to educate the diverse and multicultural paediatric allergy population who have barriers to understanding the essential, highly complex allergy exclusions on a one-to-one basis.
21. To ensure good communication is maintained concerning the nutritional requirements of patients on restricted diets by liaising with secondary care, primary care and other community staff.

22. To be responsible for the production and review of clinical guidelines, care pathways, audit and specific projects to ensure the best practice/evidence based practice of patients with food allergic disease.
23. To develop and maintenance paediatric food allergy resources for SWB. This will include supervision of any resources written by the students.
24. To be involved in the production and review of other paediatric dietetic team literature and patient resources to ensure this is non-biased and best/evidence base.
25. To promote and be responsible for appropriate and best practice/evidence based advice on paediatric nutrition and diets for patients, carers and professionals. To be responsible for ensuring that appropriate advice is given to SWB services/departments in order that nutritional needs are met in specific patient group.
26. To contribute to the planning, delivery and evaluation of training sessions for medical staff working within the trust.
27. To be responsible for the planning, delivery and evaluation of nutrition and dietetic input into pre-registration and post registration training of other health professionals.
28. To coordinate practice development and the audit/evaluation and review of the professional standards, protocols and policies set out by the Nutrition and Dietetic Service and the Trust.
29. To provide a high level of training in all aspects of paediatric food allergy to include clinical supervision of other dietitians within the service seeing in and out patients with food allergic disease, specialist nurses seeing children with food allergy in nurse led clinics (asthma / dermatology) and medical staff from SWB and other trusts wishing to gain experience / expertise in food allergy from a specialist centre.
30. To ensure collection of accurate statistical information and to ensure that recording systems are completed according to Nutrition & Dietetic Service standards

31. To promote safe caseload / workload management, using appropriate assessment, organisational, time management and reporting skills.
32. To maintain and demonstrate a personal development plan to ensure continued professional development.
33. To meet targets agreed in personal development plan.
34. To identify training and development needs to ensure continued professional development
35. To ensure that clinical supervision needs are met.
36. To demonstrate responsibility for managing workload and meeting targets.
37. To ensure that practice complies with the professional code of conduct.
38. To maintain professional registration with the health professional council.

### **Physical Effort**

39. Duties will be carried out in a wide variety of settings (eg. outpatients, wards, various teaching venues).
40. To work in a busy and ever changing situation in both outpatients and daycase.
41. The post holder will be required to be able to learn to undertake the procedure of skin prick testing and demonstrate equipment eg adrenalin injector device.

### **Mental Effort**

42. The post holder will be required to use frequent concentration, including detailed medical and dietetic history taking in patients with complex food allergic disorders and the making of diagnostic decisions based on interpretation of test results.
43. The postholder has freedom to act within the area of paediatric allergy.

44. The postholder will be required to optimise the management of paediatric milk allergy on the paediatric wards.
45. The postholder deals with patients who have a life threatening condition in a variety of ages and ethnic backgrounds which requires a varied and diverse dietary approach and motivational techniques and makes decisions with patients that carries a risk of anaphylaxis when following specific oral induction programmes.

### **Emotional Effort**

46. Communication with and have direct contact with a wide variety of people. This will include health care professionals, patients (including direct communication with children), carers, the public.
47. The post holder will be involved in providing information to patients/carers on subjects such as consent to food challenge and specific oral induction programme suitability (food tolerance vs risk of anaphylaxis).
48. The postholder will deal with patients and parents in a state of high anxiety following the diagnosis of a life threatening condition which may require complex dietary exclusions and lifestyle changes.

### **Working Conditions**

The post holder will be exposed to the working conditions associated with a ward /clinic environment.

### **CONFIDENTIALITY:**

- The post holder must maintain confidentiality of information relating to patients, staff and other Health Service business.

### **HEALTH AND SAFETY:**

- Employees must be aware of the responsibilities placed on them under the Health & Safety at Work Act (1974) and the Manual Handling Operations Regulations (1992). This ensures that the agreed safety procedures are carried out to maintain a safe environment for employees, patients and visitors to the Trust.
- If you are a manager, you will be responsible for the Trust's policy on Health and Safety and for taking all reasonable steps to maintain and where necessary to improve health and safety standards. This will include training to ensure that all employees are able to carry out their health and safety responsibilities effectively.

### **RISK MANAGEMENT:**

- All staff have a responsibility to report all clinical and non-clinical accidents or incidents promptly and, when requested, to co-operate with any investigation undertaken.

### **EQUAL OPPORTUNITIES:**

- The Trust has a clear commitment to its equal opportunities policy, and it is the duty of every employee to comply with the detail and spirit of the policy.

### **CONFLICT OF INTEREST:**

- The Trust is responsible for ensuring that the service provided for patients in its care meets the highest standard. Equally it is responsible for ensuring that staff do not abuse their official position for personal gain or to benefit their family or friends. The Trust's Standing Orders require any officer to declare any interest, direct or indirect with contracts involving the Trust. Staff are not allowed to further their private interests in the course of their NHS duties.

### **USE OF INFORMATION TECHNOLOGY:**

- To undertake duties and development related to computerised information management to meet the changing needs and priorities of the Trust, as determined by your manager and in accordance with the grade of the post.

### **SAFEGUARDING – CHILDREN/YOUNG PEOPLE AND VULNERABLE ADULTS:**

- Every employee has a responsibility to ensure the safeguarding of children and vulnerable adults at all times and must report any concerns immediately as made clear in the Trust's Safeguarding Policies.



### **INFECTION CONTROL:**

- The Trust is committed to reducing the risk of health care acquired infection. Accordingly, it is essential that you adhere to all Trust infection control policies, procedures and protocols (to include hand decontamination, correct use of PPE (Personal Protective Equipment) and care and management of patients with communicable infections). You are required to report any breaches/concerns promptly using the Trust's incident reporting system.

### **SMOKING:**

- This Trust acknowledges its responsibility to provide a safe, smoke free environment, for its employees, service users and visitors. Smoking is therefore not permitted at any point whilst on duty, in accordance with the guidelines set down within the Trust No-Smoking Policy.

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The above duties and responsibilities are intended to represent current priorities and are not meant to be a conclusive list. The post holder may from time to time be asked to undertake other reasonable duties. Any changes will be made in discussion with the post holder in the light of service needs and will be commensurate with the grade and competencies of the post.

*I agree that this Job Description is an accurate reflection of my current role and responsibilities.*

Name: .....

Signature: .....

Date: .....