

Newcastle upon Tyne Primary Care Allergy Training Day



The Clinical Resource Building, Education Centre, Royal Victoria Infirmary, Queen Victoria Road, Newcastle upon Tyne NE14LP

NHS
The Newcastle upon Tyne Hospitals
NHS Foundation Trust

19 January 2026 / 08:30 – 17:00

BSACI
Improving Allergy Care
through education, training and research

FIT FOR THE FUTURE - SEAMLESS CARE WITH ALLERGY PREVENTION, IN THE COMMUNITY, WITH DIGITAL SUPPORT

This innovative one-day course is designed for primary care professionals focusing on the diagnosis, management and prevention of common allergic diseases. The course aims to improve how health care providers diagnose and manage allergic disease making it a valuable opportunity to enhance their knowledge and network into a seamless model of care. It includes a blend of excellent interactive presentations, hands-on workshops and interesting patient journey case based discussions.

08:30 - 09:00	REGISTRATION
09:00 - 09:15	Welcome and Introduction
09:15 - 09:45	Food allergy - recognition, diagnosis and when to escalate
09:45 - 10:15	Allergy testing, the interpretation and need for a referral
10:15 - 11:00	Anaphylaxis treatment and an BSACI update (– who gets a device?)
11:00 - 11:15	TEA AND COFFEE BREAK
11:15 - 11:40	Penicillin allergy – good to know!! Can we de-label in primary care?
11:40 - 12:05	Urticaria and angioedema - When does it become a problem?
12:05 - 12:30	General Practitioner with Extended Role - Future primary care survey and model of seamless allergy care
12:30 - 13:30	LUNCH AND NETWORKING
13:30- 14:30	Workshops – 15 minutes each 1. Clinical history taking and advice for food introduction – a 10 min consultation, 2. Adrenaline training and advice – intramuscular and nasal administration, 3. Eczema - Emollient and topical steroid application and escalation, 4. Rhinitis - best practice and treatment options – use of nasal sprays
14:30- 15:00	Asthma in primary care – Guideline update
15:00 - 15:30	A patient's Journey from GP to the allergy service
15:30 - 15:45	TEA AND COFFEE BREAK
15:45 - 16:30	Food allergy prevention and oral Immunotherapy
16:30 - 16:45	Q&A – ask anything allergy related
16:45 - 17:00	Thank You and Closure



This event is supported by our pharmaceutical industry partners through promotional exhibition stands; however, sponsors have had no involvement or input in the development of the educational agenda or the selection of speakers or content.

BSACI activities are supported by a range of companies, all are listed on the BSACI website [here](#)



Book via Eventbrite [here](#). A booking fee of £30 applies to non-members. BSACI members to please email tamara@bsaci.org to book your place