



**Theatr Botanica , The National Botanic Garden of Wales, Middleton Hall,  
Llanarthne, Carmarthenshire, SA32 8HN  
20 NOVEMBER 2025 / 08:30 – 17:00**

## ITCHY – SNEEZY – WHEEZY

This comprehensive, one-day course is designed specifically for primary care professionals focusing on the diagnosis and management of common allergic conditions. The course features a blend of expert-led presentations, interactive hands-on workshops, and engaging case-based discussions. Gain practical knowledge and skills to effectively address allergic conditions in your practice.

08:30 - 09:00	REGISTRATION
09:00 - 09:15	Welcome and Introduction - <i>Dr Tariq El-Shanawany and Dr Kausik Khan</i>
09:15 - 09:45	Top Tips for Diagnosing / Managing Eczema - <i>Dr David Tuthill</i>
09:45 - 10:15	Allergy Testing in Primary Care - <i>Dr Tariq El-Shanawany</i>
10:15 - 10:45	Adrenaline Autoinjector – one or 2? Who will need one anyway? - <i>Dr Rachel Frost</i>
10:45 - 11:00	TEA AND COFFEE BREAK
11:00 - 11:30	Penicillin allergy? or Not (developing penicillin delabelling strategy in primary care) - <i>Dr Kathryn Ferris</i>
11:30 - 12:00	Urticaria – Angioedema – <i>Dr Tariq El-Shanawany</i>
12:00 - 12:30	When Milk is troublemaker (Milk allergy in Primary Care) - <i>Dr Kausik Khan</i>
12:30 - 13:30	LUNCH BREAK
13:30- 14:30	Workshops – 15 minutes each 1. AAI and EURneffy® with brief mention of sublingual Anaphylm on horizon) - <i>Sr Lana Murrell</i> / 2. Top tips for advising emollients and steroids - <i>Sr Nia Dennis</i> / 3. Allergen avoidance what to suggest the family? - <i>Rhian Thomas</i> / 4. Nasal Spray – Using BSACI guidance - <i>Dr Kausik Khan</i>
14:30- 15:00	History taking in food allergy –10-minute consult – <i>Dr Lauren Saych</i>
15:30 - 16:00	Management of Food Allergy - <i>Dr Catherine Baker</i>
15:30 - 15:45	TEA AND COFFEE BREAK
15:45 - 16:15	Paediatric Asthma in Primary Care - <i>Dr Nakul Gupta</i>
16:15 - 16:45	Don't be too nosy – (Allergic Rhinitis) - <i>Dr Emily Davis</i>
16:45 - 17:00	Thank You and Closing - <i>Dr Tariq El-Shanawany and Dr Kausik Khan</i>



This event is supported by our pharmaceutical industry partners through promotional exhibition stands; however, sponsors have had no involvement or input in the development of the educational agenda or the selection of speakers or content. BSACI activities are supported by a range of companies, all are listed on the BSACI website [here](#)