

# Newcastle upon Tyne Primary Care Allergy Training Day



**The Clinical Resource Building, Education Centre, Royal Victoria Infirmary, Queen Victoria Road, Newcastle upon Tyne NE14LP**

**19 January 2026 / 08:30 – 17:00**

**Book via Eventbrite [here](#).**

Booking fee of £30 for non-members.  
Members email [tamara@bsaci.org](mailto:tamara@bsaci.org) to book



**FIT FOR THE FUTURE - SEAMLESS CARE WITH ALLERGY PREVENTION, IN THE COMMUNITY, WITH DIGITAL SUPPORT**

This innovative one-day course is designed for primary care professionals focusing on the diagnosis, management and prevention of common allergic diseases. The course aims to improve how health care providers diagnose and manage allergic disease making it a valuable opportunity to enhance their knowledge and network into a seamless model of care. It includes a blend of excellent interactive presentations, hands - on workshops and interesting patient journey case based discussions.

<b>08:30 - 09:00</b>	<b>REGISTRATION</b>	
<b>09:00 - 09:15</b>	Welcome and Introduction	
<b>09:15 - 09:45</b>	Eczema - diagnosis, management and the need for referral	<ul style="list-style-type: none"><li>• Dr Rachel Lee, Consultant Paediatrician, Great North Children's Hospital, Newcastle</li></ul>
<b>09:45 - 10:15</b>	Food Allergy - recognition, diagnosis and when to escalate a referral	<ul style="list-style-type: none"><li>• Dr Chris Zervas, Specialist Registrar, Great North Children's Hospital, Newcastle</li></ul>
<b>10:15 - 11:00</b>	Food Allergy Prevention and Oral Immunotherapy	<ul style="list-style-type: none"><li>• Dr Louise Michaelis, Consultant Paediatrician, Great North Children's Hospital, Newcastle</li></ul>
<b>11:00 - 11:15</b>	<b>TEA AND COFFEE BREAK</b>	
<b>11:15 - 11:40</b>	Urticaria and Angioedema - when does it become a problem?	<ul style="list-style-type: none"><li>• Dr Benjamin Hall, Specialist Registrar, Royal Victoria Infirmary, Newcastle</li></ul>
<b>11:40 - 12:05</b>	Penicillin Allergy - good to know - can we de-label in primary care?	<ul style="list-style-type: none"><li>• Consultant Paediatrician, Sheffield Children's Hospital</li></ul>
<b>12:05 - 12:30</b>	General Practitioner with Extended Role	<ul style="list-style-type: none"><li>• Dr Liz Angier, GP with Extended Role, Hampshire</li></ul>
<b>12:30 - 13:30</b>	<b>LUNCH AND NETWORKING</b>	
<b>13:30- 14:30</b>	Workshops – 15 minutes each	
	1. Clinical history taking and advice for food introduction—a 10 min consultation - Jo Pelly/Alice Runnacles, 2. Adrenaline training and advice—intramuscular and nasal administration - Anne McDonnell, 3. Eczema - Emollient and topical steroid application and escalation - Molly Nixon/Jenny Underhill, 4. Rhinitis - best practice and treatment options – use of nasal sprays - Dr Poppy Richardson/Julie Pentland	
<b>14:30- 15:00</b>	Asthma- new guidelines and ILO - an important differential diagnosis.	<ul style="list-style-type: none"><li>• Dr Paul Netts, GP with Extended Role, Newcastle</li></ul>
<b>15:00 - 15:30</b>	A patient's Journey from GP to the allergy service	<ul style="list-style-type: none"><li>• Julie Pentland and Patients, Allergy Nurse Specialist</li></ul>
<b>15:30 - 15:45</b>	<b>TEA AND COFFEE BREAK</b>	
<b>15:45 - 16:30</b>	UK Anaphylaxis Registry an Update	<ul style="list-style-type: none"><li>• Dr Vibha Sharma - Consultant Paediatrician - Manchester Children's Hospital - Manchester</li></ul>
<b>16:30 - 16:45</b>	Q&A – ask anything allergy related	
<b>16:45 - 17:00</b>	Thank You and Closure	



This event is supported by our pharmaceutical industry partners through promotional exhibition stands; however, sponsors have had no involvement or input in the development of the educational agenda or the selection of speakers or content.

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