

Newcastle upon Tyne Primary Care Allergy Training Day



**The Clinical Resource Building, Education
Centre, Royal Victoria Infirmary, Queen
Victoria Road, Newcastle upon Tyne NE14LP**

19 January 2026 / 08:30 – 17:00

Book via Eventbrite here.

Booking fee of £30 for non-members.
Members email tamara@bsaci.org to book

NHS
The Newcastle upon Tyne Hospitals
NHS Foundation Trust

BSACI
Improving Allergy Care
through education, training and research

FIT FOR THE FUTURE - SEAMLESS CARE WITH ALLERGY PREVENTION, IN THE COMMUNITY, WITH DIGITAL SUPPORT

This innovative one-day course is designed for primary care professionals focusing on the diagnosis, management and prevention of common allergic diseases. The course aims to improve how health care providers diagnose and manage allergic disease making it a valuable opportunity to enhance their knowledge and network into a seamless model of care. It includes a blend of excellent interactive presentations, hands-on workshops and interesting patient journey case based discussions.

08:30 - 09:00	REGISTRATION	
09:00 - 09:15	Welcome and Introduction	
09:15 - 09:45	Eczema - diagnosis, management and the need for referral	<ul style="list-style-type: none">• Dr Rachel Lee, Consultant Paediatrician, Great North Children's Hospital, Newcastle
09:45 - 10:15	Food Allergy - recognition, diagnosis and when to escalate a referral	<ul style="list-style-type: none">• Dr Chris Zervas, Specialist Registrar, Great North Children's Hospital, Newcastle
10:15 - 11:00	Food Allergy Prevention and Oral Immunotherapy	<ul style="list-style-type: none">• Dr Louise Michaelis, Consultant Paediatrician, Great North Children's Hospital, Newcastle
11:00 - 11:15	TEA AND COFFEE BREAK	
11:15 - 11:40	Urticaria and Angioedema - when does it become a problem?	<ul style="list-style-type: none">• Dr Benjamin Hall, Specialist Registrar, Royal Victoria Infirmary, Newcastle
11:40 - 12:05	Penicillin Allergy - good to know - can we de-label in primary care?	<ul style="list-style-type: none">• Consultant Paediatrician, Sheffield Children's Hospital
12:05 - 12:30	General Practitioner with Extended Role	<ul style="list-style-type: none">• Dr Liz Angier, GP with Extended Role, Hampshire
12:30 - 13:30	LUNCH AND NETWORKING	
13:30- 14:30	Workshops – 15 minutes each	
	1. Clinical history taking and advice for food introduction—a 10 min consultation - Jo Pelly/Alice Runnacles, 2. Adrenaline training and advice— intramuscular and nasal administration - Anne McDonnell, 3. Eczema - Emollient and topical steroid application and escalation - Molly Nixon/ Jenny Underhill, 4. Rhinitis - best practice and treatment options – use of nasal sprays - Dr Poppy Richardson/Julie Pentland	
14:30- 15:00	Asthma- new guidelines and ILO - an important differential diagnosis.	<ul style="list-style-type: none">• Dr Paul Netts, GP with Extended Role, Newcastle
15:00 - 15:30	A patient's Journey from GP to the allergy service	<ul style="list-style-type: none">• Julie Pentland and Patients, Allergy Nurse Specialist
15:30 - 15:45	TEA AND COFFEE BREAK	
15:45 - 16:30	UK Anaphylaxis Registry an Update	<ul style="list-style-type: none">• Dr Vibha Sharma - Consultant Paediatrician - Manchester Children's Hospital - Manchester
16:30 - 16:45	Q&A – ask anything allergy related	
16:45 - 17:00	Thank You and Closure	



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