

# Hereford & Worcestershire Primary Care Allergy Training Day



**13 May 2026 / 08:30 - 17:00**

**Colwall Park Hotel, Walwyn Rd, Malvern  
WR13 6QG, United Kingdom**

**Book via Eventbrite**

Booking fee of £30 for non-members.  
Members email [tamara@bsaci.org](mailto:tamara@bsaci.org) to book

**NHS**  
Herefordshire and  
Worcestershire

**BSACI**  
Improving Allergy Care  
through education, training and research

The aim of this study day is to support primary care clinicians in the practical assessment and management of common allergic conditions seen in both adults and children.

The day will focus on improving confidence in taking allergy-focused history, recognising genuine allergy, and managing common allergic conditions safely and appropriately in primary care. It will also help clinicians understand when referral to specialist services is needed and how to make high quality allergy referrals.

## 08:30 - 09:00 REGISTRATION

09:00 - 09:10 Introduction & Welcome - Tom Dawson & Iain Darwood, Consultant Paediatricians

09:10 - 09:30 Interactive Session: Allergy-Focused History Taking - Sudha Arun, Community Paediatrician with an Interest in Allergy

09:30 - 09:50 Egg Allergy - Paul Watson, Consultant Paediatrician

09:50 - 10:10 Early Introduction of Allergenic Foods - Phoebe Mouldale, Paediatric Allergy Nurse

10:10 - 10:40 Case-Based Discussion – Interactive Session - Tom Dawson, Consultant Paediatrician

## 10:40 - 10:55 TEA AND COFFEE BREAK

10:55 - 11:15 Chronic Urticaria - Iain Darwood, Consultant Paediatrician

11:15 - 11:45 Eczema and Prevention - Victoria Diba, Consultant Dermatologist

11:45 - 12:05 Biologics in Asthma - Michelle Ferguson, Adult Respiratory Nurse

12:05 - 12:30 Allergy: Top 10 Tips for GPs - Tom Baldwin, GP with Extended Role in Allergy

## 12:30 - 13:30 LUNCH

13:30 - 13:50 **Workshop:** Eczema – Emollients, Steroids, and Practical Management - Hilary Havard, Paediatric Dermatology Nurse

13:53 - 14:13 **Workshop:** Anaphylaxis – Adrenaline Auto-Injectors and Nasal Adrenaline - Manjunath Sanjeevaiah, Consultant Paediatrician

14:16 - 14:36 **Workshop:** Allergic Rhinitis and Correct Use of Nasal Sprays - Ezgi Seager, Consultant Paediatrician

14:39 - 14:59 **Workshop:** Cow's Milk Allergy - Alice Johnson & Cara Douglas, Allergy Dietitians

## 15:05 - 15:20 COFFEE BREAK

15:20 - 15:50 Venom Allergy - Steve O'Hickey, Adult Respiratory Physician

15:50 - 16:10 Pollen Food Syndrome - Steve O'Hickey, Adult Respiratory Physician

16:10 - 16:30 Panel Q&A - All speakers

16:30 - 16:45 Feedback and Close - Tom Dawson & Iain Darwood, Consultant Paediatricians



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