

# Bristol Primary Care Allergy Training Day



**21 April 2026 / 09:00 - 17:00**

**Engineers House, The Promenade,  
Avon, Clifton Down, Bristol, BS8 3NB, UK**

**Book via Eventbrite**

Booking fee of £30 for non-members.  
Members email [tamara@bsaci.org](mailto:tamara@bsaci.org) to book



## Allergy from the Cradle to the Grave

A practical, face to face one-day course for primary care professionals covering the diagnosis and management of common atopic conditions in adults and children. Includes a morning of expert-led talks, and an afternoon of hands-on workshops.

### 08.50-09.00 REGISTRATION

09:00 - 09:10 Welcome and knowledge check - *Anna Thursby-Pelham, Consultant Paediatric Allergy*

09:10 - 10:00 **Food Allergy** in children and adults - an approach to management (prevention) and care and what's new and avoidance strategies - *Nick Sargant, Consultant Paediatric Allergy & Mark Gompels, Adult Consultant Allergist and Immunologist*

10:00 - 10:30 **Anaphylaxis** – assessment and management in primary care and who needs an Epipen, what's new (EURneffy®) - *Deb Marriage, Nurse Consultant Paediatric Allergy*

### 10:30 - 10:50 TEA AND COFFEE BREAK

10:50 - 11:20 **Aeroallergen Immunotherapy** and NICE Guidance update - *MG/DM*

11:20 - 11:50 **Skin and Atopy** - Eczema and FA, Urticaria - *Louise Newall, Consultant Dermatologist*

11:50 - 12:20 **Drug Allergy** - Penicillin delabelling - *Kathryn Ferris, Consultant Paediatric Allergy & Fiona Moghaddas*

12:20 - 13:00 **Local Pathways** when and what to refer and testing pitfalls - *Anna Thursby-Pelham, Consultant Paediatric Allergy & Mark Gompels, Adult Consultant Allergist and Immunologist*

### 13:00 - 13:45 LUNCH BREAK

13:45 - 14:45 **Workshop: Device training** - adrenaline auto-injector / EURneffy® / nasal spray and inhalers - *Allergy CNS*

**Workshop: Lotions and potions** - topical treatments for Eczema - *Derm CNS*

**Workshop: Dietary advice** in food allergy and avoidance strategies - *Dieticians*

**Workshop: Case presentations and ask the experts** - *Kathryn Ferris, Hannah Jackman & Mark Gompels*

### 14:45 - 15:00 TEA AND COFFEE BREAK

15:00 - 16:00 **Workshop rotation continued** - 30 mins bite sized action

16:00 - 16:30 **Knowledge check and panel Q and A** - (All)

16:30 - 17:00 **Feedback and close** - *Anna Thursby-Pelham*



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