

# Bristol Primary Care Allergy Training Day



21 April 2026 / 09:00 - 17:00

**Engineers House, The Promenade,  
Avon, Clifton Down, Bristol, BS8 3NB, UK**

**Book via Eventbrite**

Booking fee of £30 for non-members.  
Members email [tamara@bsaci.org](mailto:tamara@bsaci.org) to book



## Allergy from the Cradle to the Grave

A practical, face to face one-day course for primary care professionals covering the diagnosis and management of common atopic conditions in adults and children. Includes a morning of expert-led talks, and an afternoon of hands-on workshops.

08.50-09.00	<b>REGISTRATION</b>
09:00 - 09:10	Welcome and knowledge check - <i>Anna Thursby-Pelham, Consultant Paediatric Allergy</i>
09:10 - 10:00	<b>Food Allergy</b> in children and adults - an approach to management (prevention) and care and what's new and avoidance strategies - <i>Nick Sargant, Consultant Paediatric Allergy &amp; Mark Gompels, Adult Consultant Allergist and Immunologist</i>
10:00 - 10:30	<b>Anaphylaxis</b> – assessment and management in primary care and who needs an Epipen, what's new (EURneffy®) - <i>Nick Sargant, Consultant Paediatric Allergy</i>
10:30 - 10:50	<b>TEA AND COFFEE BREAK</b>
10:50 - 11.20	<b>Aeroallergen Immunotherapy</b> and NICE Guidance update – <i>Mark Gompels, Adult Consultant Allergist and Immunologist and Deb Marriage, Nurse Consultant Paediatric Allergy</i>
11:20 -11:50	<b>Skin and Atopy</b> - Eczema and FA, Urticaria - <i>Louise Newall, Consultant Dermatologist</i>
11:50 - 12:20	<b>Drug Allergy</b> - Penicillin delabelling - <i>Kathryn Ferris, Consultant Paediatric Allergy &amp; Fiona Moghaddas</i>
12:20 - 13:00	<b>Local Pathways</b> when and what to refer and testing pitfalls - <i>Anna Thursby-Pelham, Consultant Paediatric Allergy &amp; Mark Gompels, Adult Consultant Allergist and Immunologist</i>
13:00 - 13:45	<b>LUNCH BREAK</b>
13:45 - 14:45	<b>Workshop:</b> Device training - adrenaline auto-injector / EURneffy® / nasal spray and inhalers - <i>Allergy CNS</i> <b>Workshop:</b> Lotions and potions - topical treatments for Eczema - <i>Derm CNS</i> <b>Workshop:</b> Dietary advice in food allergy and avoidance strategies - <i>Dieticians</i> <b>Workshop:</b> Case presentations and ask the experts - <i>Kathryn Ferris, Hannah Jackman &amp; Fiona Moghaddas</i>
14:45 - 15:00	<b>TEA AND COFFEE BREAK</b>
15:00 - 16:00	Workshop rotation continued - 30 mins bite sized action
16:00 – 16:30	Knowledge check and panel Q and A - (All)
16:30 - 17:00	Feedback and close - <i>Anna Thursby-Pelham</i>



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